



Course Outline (Higher Education)

Institute / School:	Global Professional School
Course Title:	INTRODUCTION TO HEALTH
Course ID:	GPFSP1401
Credit Points:	15.00
Prerequisite(s):	(NIL)
Co-requisite(s):	(NIL)
Exclusion(s):	(NIL)
ASCED:	120199

Description of the Course:

The aim of this course is to provide students with a fundamental grounding and background in Health knowledge and skills. Students will be exposed to fundamental theories, models, frameworks and principles of health, within an Australian context. This course provides a broad brush approach to Health, to prepare students for a range of assessment and learning practices encountered in international higher education contexts. English language skills for academic purposes will be consolidated, extended and assessed via specific criteria in all assessment tasks.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience: Student is not undertaking work experience in industry.

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the course but gained a final mark of 45 per cent or above and submitted all major assessment tasks.

Program Level:

Level of course in Program	AQF Level of Program					
	5	6	7	8	9	10
Introductory	✓	■	■	■	■	■

Level of course in Program	AQF Level of Program					
	5	6	7	8	9	10
Intermediate	■	■	■	■	■	■
Advanced	■	■	■	■	■	■

Learning Outcomes:

After successfully completing this course students will be able to:

Knowledge:

- K1.** Understand determinants, actions, and strategies that influence health.
- K2.** Understand the relationship between beliefs, attitudes, values, and health behaviour.
- K3.** Understand the range of factors influencing beliefs, attitudes, values, and norms around health behaviour.

Skills:

- S1.** Plan a health inquiry to research, determine, and analyse a health issue.
- S2.** Use inquiry skills and processes to investigate and respond to health issues.

Application of knowledge and skills:

- A1.** Apply frameworks, models, and theories to explain health ideas and concepts.
- A2.** Apply self-management and interpersonal skills to promote health.

Course Content:

Topics may include:

- Holistic Health including;
 - Impact of determinants on health inequities
 - Global and local barriers to addressing social determinants of health
- Principles, frameworks, models and theories including;
 - Roles of the World Health Organization (WHO)
 - Investment priorities of Australia's aid program, how and why Australia provides aid.
 - Purpose and progress towards the five United Nations Sustainable Development Goals.
 - Definition and strategies of health promotion advocacy
 - Career pathways for post graduates in their area of discourse
- Consumer Health including;
 - Comparison of health indicators between Australia and developing countries
 - Objectives that support the vision of the National Strategic Framework for Chronic conditions.
- Health Inquiry, including;
 - Planning a health inquiry.
 - Use of a range of information to explore a health issue.
 - Interpretation of information.
 - Presentation of findings

Graduate Attributes

The Federation University Federation graduate attributes (GA) are entrenched in the [Higher Education Graduate Attributes Policy](#) (LT1228). FedUni graduates develop these graduate attributes through their engagement in

explicit learning and teaching and assessment tasks that are embedded in all FedUni programs. Graduate attribute attainment typically follows an incremental development process mapped through program progression. **One or more graduate attributes must be evident in the specified learning outcomes and assessment for each FedUni course, and all attributes must be directly assessed in each program**

Graduate attribute and descriptor		Development and acquisition of GAs in the course	
		Learning Outcomes (KSA)	Assessment task (AT#)
GA 1 Thinkers	Our graduates are curious, reflective and critical. Able to analyse the world in a way that generates valued insights, they are change makers seeking and creating new solutions.	K1, K2, K3, S1, S2, A1, A2	AT1-AT4
GA 2 Innovators	Our graduates have ideas and are able to realise their dreams. They think and act creatively to achieve and inspire positive change.	N/A	N/A
GA 3 Citizens	Our graduates engage in socially and culturally appropriate ways to advance individual, community and global well-being. They are socially and environmentally aware, acting ethically, equitably and compassionately.	K1, K2, K3, S1, S2, A1, A2	AT1-AT4
GA 4 Communicators	Our graduates create, exchange, impart and convey information, ideas, and concepts effectively. They are respectful, inclusive and empathetic towards their audience, and express thoughts, feelings and information in ways that help others to understand.	S2, A2	AT2
GA 5 Leaders	Our graduates display and promote positive behaviours, and aspire to make a difference. They act with integrity, are receptive to alternatives and foster sustainable and resilient practices.	K1, K2, K3, S1, S2, A1, A2	AT1-AT4

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, A1, A2.	Health Inquiry Project	Project	30 - 40%
S2, A2.	Present key elements of Project	Presentation	20 - 30%
K1, K3, S2, A1.	Focus on course content topics	Quizzes	20 - 30%
K1, K3, S2, A1.	Focus on course content topics	Final Test	20 - 30%

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

Fed Cite - [referencing tool](#)